

MULA EDUCATION SOCIETY'S

ARTS, COMMERCE AND SCIENCE COLLEGE, SONAI

TAL. NEWASA, DIST- AHMEDNAGAR - 414105



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## 7<sup>th</sup>International Yoga Day

Venue: Sonai Date & Time: 21/06/2021, 7 to 8:00am.

Mula Education Society ,Arts, Commerce & Science College Sonai organized "7<sup>th</sup>International Yoga Day" on 21<sup>st</sup> June 2021 in online mode. All faculties 47 Non- teaching staff 16 and students participated 40 in Yoga exercises online from their home. You Tube Video link was provided on the's App group of dents. All participants did exercises by observing you Tube Video. The Yoga team was led by Shri. Patil Tuwar, Physical Director of Jr. College, Newas. Participants posted their photos and Videos on the college what's App group. The Yoga Day was observed taking cognizance of all rules of social distancing at the backdrop of COVID epidemic situation.

## https://youtu.be/JQbC52e-u6Q













