



Mula Education Society's
Arts, Commerce and Science College, Sonai
Dept. of Physical Education & Sports

Celebration of 7th International Day of Yoga

Venue: Sonai

Date & Time: 21/06/2021, 7 to 8:00am.

Mula Education Society Arts, Commerce & Science College Sonai is celebrated 7th **International Yoga Day** on 21st June 2021 in online mode. Total 47 teaching faculty members, Total 16 supporting staff and Total 40 students participated in Yoga Exercises through online from their home. The YouTube Video link was provided on the Whatsapp group of students. All participants did exercises by observing you Tube Video. The Yoga team was led by Shri. Patil Tuwar, Physical Director of Jr. College, Newasa. Participants posted their photos and Videos on the college what's App group. The Yoga Day was observed taking cognizance of all rules of social distancing at the backdrop of COVID epidemic situation.

<https://youtu.be/JQbC52e-u6Q>

All teachers and non teaching staff celebrating 7th Yoga Day at home.





Faculty performing Yoga

