



Mula Education Society's
Arts, Commerce and Science College, Sonai
Dept. of Physical Education & Sports

YOGA TRAINING AND PROTECTION AGAINST COVID-19 - CAMP

Venue: Sonai

Date & Time: 9/10/2021, 8:30am.

Yoga Training and protection against COVID-19 - Camp was organized in Collaboration with Panchayat Samiti Newasa by MES's Arts, Commerce and Science College, Sonai on 09/10/2021. The Camp was organized by the College, Dept.of Physical Education & Sports. This program was organized with observing all the rules and regulation of social distancing, on the back drop of Panchayat Samiti Newasa, guided the Participants by making demonstration and exercise of Yoga. He also checked the Pulses of the participants, Prin. Dr. Shankar Laware ,Vice- Principal Dr. Dnyandeo Zine, Teachers & Supporting Staff total 41 employees participated in the event. Physical Director Dr. Ravindra Khandare and Shri. Dipak Sonawane took special efforts for arranging this programme.



