



Additional Information for the Metric 3.4.1

3.4.1: Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last one year.

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Azadi Ka Amrit Mahotsav

Date- 12th Aug 2022

Venue- Sonai

Azadi Ka Amrit Mahotsav was organized as per the instructions of the Central Government, Government of Maharashtra and Savitribai Phule Pune University circular, in the background of completion of 75 years of Indian independence, under the guidance of Principal Doctor Shankar Lavare and 17 Maharashtra Battalion NCC Ahmednagar on 12/08/2022 for the success of *Har Ghar Triranga* in the college Students and staff organized a grand rally in Sonai village in which many citizens also participated. During the rally, in the Shivaji Chowk Principal Dr. Shankar Lavare offered flowers to the statue of Chhatrapati Shivaji Maharaj. In the rally, the students held the Tiranga flag in their hands and made slogans to create community awareness and tried to get everyone to put the tricolor on their house. In this activity, 35 NCC Cadets, staff and College Students had participated.



Har Ghar Tiranga Rally by NCC Cadets



Har Ghar Tiranga Rally by NCC Cadets



Prin. Dr. Shankar Laware, Vice- Principal Prof. Dr. Dnyandev Zine, Dr. Ravindra Khandare, Dr. Shweta Choudhare, Prof. Sharad Auti with Indian Flag in Rally



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Chitrarath in Sonai Mahotsav

Date- 23rd Oct 2022

Venue- Sonai

On the occasion of Navaratra Utsav, Sonai Mahotsav was organized in joint Collaboration of Jagdamba Devi Trust and Yashwant Samajik Pratishthan. In this mohotsav Granthraj Dnyaneshwari Granth Procession was organized on 23rd Oct 2022. In this Procession, Dirrerent Kinda of shows were organized. The College Participated in the show. The college procured a show of coronation of Chatrapati Shivaji Maharaj. The students played the roles of Shivaji Maharaj , Balshambhuji, Aaisaheb Jijau, Maharani Tarabai, Gagabhatt and Mawale. The procession went through different lanes of Sonai. The procession brought the feel of Raigarh. The second year and third year students participated in the activity. Mr. Padar Took special efforts for organizing the show along with Prin. Dr. Shankar Laware.



Chitrarath Activity held on 23 Oct 2022



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Blood Donation Camp, Health and Haemoglobin Check Up Camp

Date- 4th Oct 2022

Venue- Sonai

Health and Haemoglobin check-up camp was organised in MES's Arts, Commerce and Science College, Sonai on 04th October 2022 in collaboration with Department National Service Scheme of Arts, Commerce and Science College, Sonai and Rural Hospital Ghodegaon. Doctor Shivraj Gunjal (Medical Officer, Rural Hospital, Ghodegaon) and his medical staff were attended and took charge of camp. Before starting of health check-up Dr. Shivraj Gunjal gave instruction and guidelines to NSS volunteers about the importance of health checkups, how to maintain Haemoglobin. He is in his lecture address girls volunteers about to maintain their physical fitness for good life. He also given proper guideline to girls' volunteers while haemoglobin checking and in the question answer session.

The program was chaired by Principal Dr. Shankar Laware, who is in his presidential address explain girls common problems regarding health issues and reasons of those issues, he also give some important suggestion for solving those issues. NSS Program Officer Dr. B.G. Khedkar introduces the program. Mr. Sharad Auti, Mr. Dnyaneshwar Padar, Dr. Siddharth Ranyewale, Mr. Mahesh Take, Miss. Ashwini Darandale, Miss. Shenaj Deshmukh, Miss. Swati Harkal, Teaching faculty, Non-teaching staff and 183 girls volunteers were attended the camp. Among these 183 girls 88 girls checked their haemoglobin and 22 girls' volunteers took consultation. Miss. Ravina Shedge was anchored the program while Mr. Sharad Auti proposed Vote of thanks.

Photographs:



Free Dental Check-up winter Camp at Tukai Shingave

Date- 4th March to 10th March 2013

Venue- Shingave Tukai

Savitribai Phule Pune University, National Service Scheme Scholarships In the year 2022-2023, Azadi Ka Amatri Mahotsav is the passion of the inner youth, the village town and the village. With the motto, the National Service Yojana ceremony winter camp was held at Shingave Tukai.

This camp held between 4 to 10 January, this camp was inaugurated on Wednesday, January 4, 2023. Sarpinch of Shingave Tulai Mr. Satish Panduring Thorat, Principal of the college Dr. Shankar Laware It was carried out under his chairmanship.

Inauguration ceremony of winter camp Shashingwe-Tukai Village Subsarpanch Shri. Deepak Pindu, Ex-Sarpinch Shri. Yogesh Honde, Village Sevak Shri. Sashunal Taindale bhausahab, the onarable of the village Citizen, Mr. Ganesh Belhekar - President Journalist Seva Singh Ahmednagar. Vice Principal of collge Dr. Dynadev Zine Dr. Machindra Vape, Dr. Avinash Salve, Dr. Haribhau Kardile, Prof. Mahesh Take, Dr. Sidharth Ranyewale, Prof. Ashwini Darandale, Prof. Ravina Shedge, Prof. Dnyaneshar Padar and teachers were present.

In the afternoon session of first day, Dr. Sambhaji Darade, the Head of Deapartment of History Sonai College He guided the students on the subject of "Creation of Historical Facts". And another lecture By Ravindra Khandare on "Importance of Sports in Youth's Life".

On January 5, 2023, in the morning session, the volunteers conducted a thorough cleaning of the primary school premises, Ram Mandir premises and the market place and also visited Takui Davi Mandir.

In the afternoon session on January 5, Dr. Balasaheb Khedkar gave guidance on the topic "Plastic waste management and the importance of proper diet" as well as a discussion session was organized among the students in Sindh language, in which the students expressed their views on waste management and food in Sindh language. Mr. Shaukat Fakir described the poem on valuable in "facing a tough in competitive exam".

On January 6, 2023, in the morning, volunteers cleaned the village cemetery and repaired it, while in the afternoon session; Mrs. Swati Gundecha spoke to the students on the song "Anandi Jeevanachi Garukilli" and guided the students, while Dr. Jagdish Sonavane guided the students on the topic "Participation in Democracy and Voter Awareness".

On the morning of 7th January, the students did the work of Plantation after cleaning at Mahadev mandir Premises. In the previous session, Dr. Shweta Choudhare gave a thorough guidance on "Gender Sensitization" as well as the ex-Students of the College Shri Ganesh Hapse, Shri Yogesh Gund, Shri. Deepak Pawar shared their experience with the students on National Service Scheme.

On January 8, 2023, the volunteers cleaned the existing area of the village and plantation of trees and also cleaned the Bandhara area on the river bank. In the afternoon session on January 8, Mr. Krishna Belgaonkar addressed the students on the topic "Youth in the 21st Century". Another speaker Prof. Amol Jadhav gave the best guidance on today's challenges of youth.

On the morning of 9th January 2023, Shri Yashvintrao Chavan Memorial Medical and Rural Development Foundation, Dental College and Hospital Ahmednagar organized "Dental Health and Hemoglobin Checkup" in which the youth volunteers of National Service Scheme Also, the villagers got medical treatment and in the afternoon session, the volunteers got to meet the two campaigns of "Power Light and siddhi plastic". Management in this company. Sindhi was empowered to directly inspect the production and other matters.

On January 10, 2023, the consecration ceremony of this year was organized. The chief guest of camp Newasa Naib Tahasildar Mr. kishor Sanap as well as Assistant police Inspector of Sonai Police Station Hon. Manik Chaudhary was assisted, Naib Tehsildar Hon. kishor Sanap in his guide stated that there are many platforms for all-round research of the students. So Assistant police Inspector Hon. Manik Chaudhary gave his guidance

A lot of evidence has been given to the students to show how their personality is shaped by social work. Dr. Shinkar Lavare, Deputy Principal Dr. Gyandev Shazne, Villagers of Shashingve tukai village, Journalist, Principal of Mahashavdyalaya was present in a big ceremony.



Principal Shankar Laware giving guidance during the opening ceremony of the special winter camp.



During the opening ceremony of the special winter camp, N.S.S Students volunteers performing NSS songs



Students volunteer during cleaning



Students and program officers during village cleaning and tree planting



While doing pranayama, student volunteers and officer Dr. B. G. Khedkar



Students volunteer during lunch



Visit to Power "Light and Siddhi Plastic" company



Dental care and hemoglobin testing



Special Winter Camp Concluding
Guidance



Sub-Inspector Manik Chaudhary
while giving guidance at the
conclusion of the Special Winter
Camp



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Kautuki River Cleanliness Drive by NCC Cadets

Date: 05/12/2022

Venue: Sonai

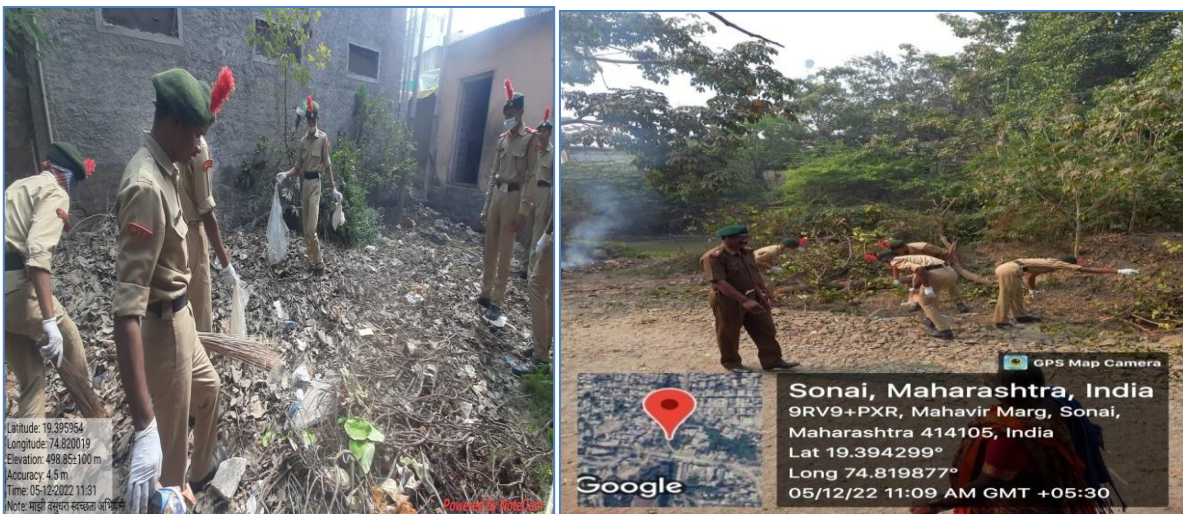
Kautuki River Cleanliness Drive was carried out by NCC cadets of MES'S Arts, Commerce and Science College, Sonai under PUNEETSAGAR ABHIYAN in joint collaboration with Sonai Grampanchayat in "Mazi vasundatra Abiyan" on 05 Dec.2022. The NCC Cadets also cleaned the campuses at Maruti Temple, Ganesh Temple and Dahawa Otta at Sonai. Garbage and plastics were collected by the cadets and deposited in Garbage Vehicle of Grampanchayat under the guidance of ANO Capt. Dr. Suresh Jadhav. Citizens and devotees in the vicinity expressed satisfaction on the cleanliness. In this drive SUO Sagar Kusalkar, JUO Vaishnav Gayake, SGT Nitin Darandale CQMS Kailas Bhogade, Vaishnavi Todmal, Aarti Wagh, Kanchan Wagh, Sonali Kale, Gita Toge, Shnehal Masal, Gaytri Telore, Shital Dhokane, Vishal Sawant, and other 50 cadets participated in the cleanliness work. Mr. Sharad Vairagar, Prakash Admane, Navnath Vairagar, employees of Sonai Grampanchayat cooperated the NCC Cadets. Col. Chetan Gurubaksh and Col. Ranbir Sing of 17 Maharashtra Battalion, Mr. Dhananjay Wagh, Sarpanch of Sonai Grampanchayat, Gramsevak Sandip Wadekar, Prin. Dr. Shankar Laware and Vice Principal Dr. Dnyandev Zine appreciated N.C.C. Cadets for their work.



Cleanliness work at Kautiki River by N.C.C Cadets



Garbage And Plastics were Collected by the N.C.C Cadets at. Kautiki River bank Sonai



Clening Activity at. Maruti Temple , Sonai by N.C.C Cadets.



8th Celebration of International Day of Yoga

Date- 21th June 2022

Vanue- Sonai

Mula Education Society's Arts, Commerce and Science College, Sonai organized 8th International day of Yoga on Tuesday 21/06/2022. The occasion was graced with the presence of Principal Dr. Shankar Laware and Dr. Ashok Tuwar, Student, Teachers and Spotting Staff participated enthusiastically. Total no 106 participants including parents. Yoga teachers, professors, admins and students availed the benefits of Yoga. Shri. Patil Tuwar (Yoga Teacher) guided the participants by giving demonstration of Yogasana and Pranayama. The program was organized in a discipline merman smoothly by Dr. R.B. Khandare, Physical Director made efforts Total sixty (60) students participated in the event and employees of Mula Education Society on the occasion of inauguration of Yoga Day.





MES. Arts, Commerce and Science College, Sonai Principal Dr. Shankar Laware and Dr. Ashok Tuwar and others students