

Mula Education Society's
Arts, Commerce and Science College, Sonai
Academic Year: 2022-2023 (Term-I)
Women Health and Empowerment

Place: Seminar Hall
Date: 03/01/2023,

The program was organized by Mula Education Society's, Arts, Commerce and Science College, Sonai under *Vidyarthini Munch* on the Occasion of Savitribai Phule Birth Anniversary on 03/01/2023 at 10:00 am in the College. The image of Savitribai Phule and statue of saint Dnyaneshwar were garlanded at the hands of Dr. Anita Khose, Prin. Dr. Shankar Laware and Vice-Prin. Dr. Dnyandev Zine. The Programme was introduced by Mrs. Meena Lande. Dr. Anita Khose talked on Women Health and Empowerment and also the life time achievements of Savitribai Phule. She said that the Women's Physical, Mental and Social Health are very important. She also guided about the importance of proper diet, amount of water intake, regular exercise to stay healthy. Prin. Dr. Shankar Laware expressed his views. Miss Bhand Sakshi (S.Y.B.com) proposed vote of thanks. Mrs. Manisha Kadam, Mrs. Ravina Shendage, Mrs. Kaveri Dhokane, Mrs. Deshmukh helped to conduct program. On the occasion total 123 participants were present.



Holy Lamp lighting on the occasion of women health and empowerment program.



Dr. Shankar Laware felicitated Chief guest Dr. Anita Khose.



Respected Principal Dr. Shankar L.Laware gave speech on Women Empowerment.



Dr. Anita Khose gave speech on Women Health and Empowerment.