Mula Education Society's

Arts, Commerce & Science College, Sonai.

Dept. of Physical Education & Sports

Ref: MES/ACSC/ SPT/ 09/ 2020-21 Date: 16/05/2021

Notice

All the Staff members and students of the college are informed that, Mula Education Society and Arts, Commerce & Science College ,Sonai, jointly organized contemplation on **Sunday. 17th to 19th May 2021 at 5:00Pm,** on the occasion of **"Yoga Camp online on Zoom Meeting"** Considering the background of corona (COVID-19) virus infection, the entire program of Yoga Camp online on Zoom Meeting. The team members of '**Art of Living'** Padmakar Kulkarni, Rohan Bhosale and Ashok Late guided the participation performed Stay home stay safe. Actively participate in this program.

Dr. Shankar Laware
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Mula Education Society's

Arts, Commerce and Science College, Sonai

Dept. of Physical Education & Sports

CONTEMPLATION OF YOGA CAMP

Venue: Sonai

Date & Time: 19/05/2021, 5:00am.

Mula Education Society and Arts, Commerce & Science College Sonai jointly organized contemplation of Yoga Camp online on Zoom Meeting from 17May to 19 May 2021 in the evening hours for all the employees of Mula Education Society.

Citing inspiration through the suggestion of Shri Prashant Patil Gadakh, President of Mula Education Society, and the Camp was primarily organized with the objective of maintaining physical and mental health at the back drop of COVID epidemic situation.

The team members of '**Art of Living**' Padmakar Kulkarni, Rohan Bhosale and Ashok Late guided the participation by performing and demonstrating Yoga and contemplation.

Shri U.M. Londhe, Secretary of MES, Dr. V.K. Deshmukh, Joint Secretary of MES, Prin. Dr.S.L.Laware, Vice Prin. Dr.D.E.Zine and all employees of MES participated in the camp. Total 21 students out of 156 of Arts, Commerce &Science College participated in the event.

Shri. Padmakar Kulkarni,Yoga trainer, '**Art of Living**' guiding the participants in the online event.