



Mula Education Society's
Arts, Commerce and Science College, Sonai
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS



8th Celebration of International Day of Yoga



Place: College Premises

Date & Time: 21/06/2022, 6.30am

Mula Education Society's Arts, Commerce and Science College, Sonai organized 8th International day of Yoga on 21/06/2022. The occasion was graced with the presence of Principal Dr. Shankar Laware and Dr. Ashok Tuwar, Student, Teachers and Spotting Staff participated enthusiastically.

Total no 106 participants including parents. Yoga teachers, professors, admins and students availed the benefits of Yoga. Shri. Patil Tuwar (Yoga Teacher) guided the participants by giving demonstration of Yogasana and Pranayama. The program was organized in a discipline merman smoothly by Dr. R.B. Khandare, Physical Director made efforts Total sixty (60) students participated in the event and employees of Mula Education Society on the occasion of inauguration of Yoga Day.





Latitude: 19.387857
Longitude: 74.803996
Elevation: 526.34±24 m
Accuracy: 7.0 m
Time: 21-06-2022 07:36
Note: Celebration of Yoga Day 2022

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Latitude: 19.387837
Longitude: 74.804007
Elevation: 526.34±20 m
Accuracy: 6.0 m
Time: 21-06-2022 08:16
Note: Celebration of Yoga Day 2022

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Latitude: 19.387839
Longitude: 74.804057
Elevation: 526.04±31 m
Accuracy: 3.9 m
Time: 21-06-2022 08:18
Note: Celebration of Yoga Day 2022

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MES. Arts, Commerce and Science College, Sonai Principal Dr. Shankar Laware and Dr.Ashok Tuwar and others students