



## TRAINING CAMP FOR AHMEDNAGAR DISTRICT SPORTS TEACHERS

Place: Indoor Stadium

Date: 19 – 28 /03/2018,

Camp Jointly organized by Sport Service Directorate and District Sport Office, Ahmednagar and Arts, Commerce and Science College, Sonai.Tal:- Newasa.Dist:-Ahmednagar.

The program was inaugurated on 19 March 2018. Hon'ble Shri Uday Joshi (District Sports Officer, Ahmendngar District) and Hon'ble Shri Khurange Saheb, along with Hon'ble Shri. Devkate Saheb ( Secondary Section, District Sports Officer, Ahmendngar) were present on the occasion as Chief Guests Hon'ble Shri.Rajendra Kotkar (President, Maharashtra State Sports Teachers Association) Hon'ble Shri. Sunil Gagare (President, Ahmednagar Sports Teachers Association) graced this occasion as President of the program. Hon'ble Shri.Prashant Patil Gadakh. (President,MES) also was present on the occasion. The camp was organized for Primary, Secondary, Higher-Secondary Sport teachers in the district Daily sport schedule was as shown below.

### Daily Sport Schedule:

Sr.No	Time	Schedule
1	6.00 am to 7.00am	Exercise and Running
2	7.30 am to 9.00am	Yoga and Pranayam Suryanamaskar, Aerobics
3	9.00am to 11.00am	Short Recess
4	11.00am to 1.00pm	Informative Speeches through ppt, U-tube on given topic by Experts at Shani Shingapur
5	1.00pm to 4.00pm	Long Recess
6	4.00pm to 7.00pm	To train, to teach, to import information on given topic and practical

